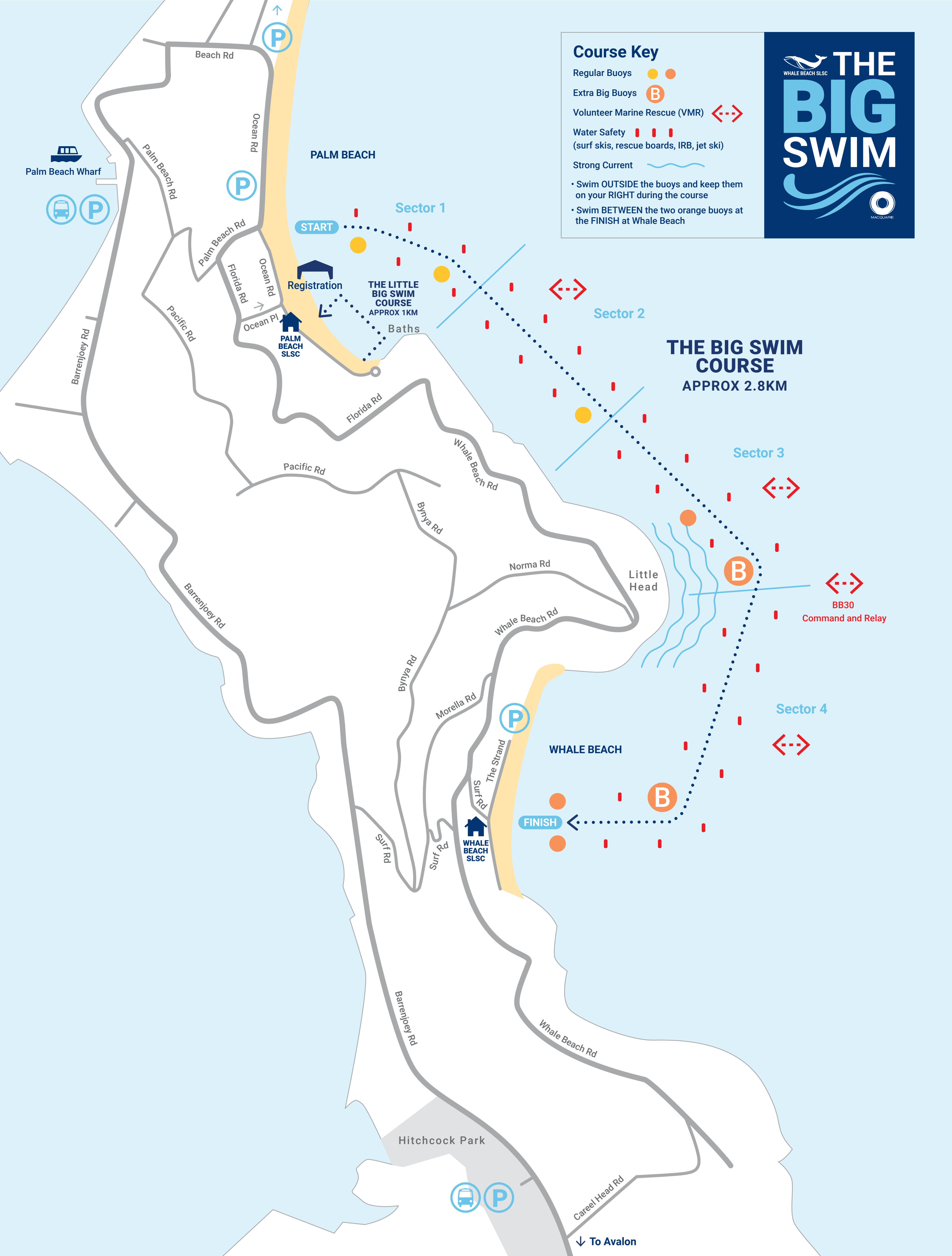




### Course Key

- Regular Buoys ● ●
  - Extra Big Buoys B
  - Volunteer Marine Rescue (VMR) <--->
  - Water Safety | | |  
(surf skis, rescue boards, IRB, jet ski)
  - Strong Current ~ ~ ~
- Swim **OUTSIDE** the buoys and keep them on your **RIGHT** during the course
  - Swim **BETWEEN** the two orange buoys at the **FINISH** at Whale Beach



START

THE LITTLE BIG SWIM COURSE APPROX 1KM

Sector 2

THE BIG SWIM COURSE APPROX 2.8KM

Sector 3

BB30 Command and Relay

Sector 4

FINISH

Hitchcock Park

↓ To Avalon